

Beyond Limits

Canada's Conference for Diversity & Accessibility

October 5, 2022
Victoria Inn Hotel &
Convention Centre

8:30am Opening Remarks

- Kristina Kircher | Chair, Beyond Limits Conference
- Debbie Cielen | Elder Blessing
- Ben Adaman | President & CEO, St. Amant
- Margo Powell | Executive Director, Abilities Manitoba
- Rachel Smith | Past President, Family Networking Coordinator, Family Advocacy Network

9:00am Morning Keynote: Optimizing Wellness, Innovation, and Self-Motivation

• Dr. Shimi Kang | Keynote Speaker and Clinical Associate Professor

10:35am Panel Discussion: Dealing with Overload

- Whitney Hodgins | Moderator
- Marion Cooper | CEO, Canadian Mental Health Association (CMHA) for Manitoba and Winnipeg
- Andrew Terhoch | Spiritual Health Practitioner, St.Amant
- Kate Cook | Family Caregiver
- Kevin Johnson | Self-Advocate
- Rochelle Tabinga | Team Leader, St. Amant
- Tyson Sylvester | Self-Advocate, Board Member, St.Amant

12:45pm Exploring the Why

 Jennifer Kilimnik | Director of Culture and Compassion, Reseau Compassion Network

1:15pm An Ethics Discussion

 Katarina Lee-Ameduri | Clinical Ethicist, St. Boniface Hospital and the Reseau Compassion Network

2:30pm Indigenous Perspectives on Wellness

• Albert Beck | Director of Sixties Scoop, Manitoba Métis Federation

3:20pm Closing Keynote: Self-Care for the Caregiver

• Dr. Jo Ann Unger C.Psych | President, Manitoba Psychological Society

4:05pm Closing Remarks

- Kristina Kircher | Chair, Beyond Limits Conference
- Valerie Wolbert | President, People First Manitoba