Pooh on Loneliness

It occurred to Pooh and Piglet that they hadn't heard from Eeyore for several days, so they put on their hats and coats and trotted across Hundred Acre Wood to Eeyore's stick house. Inside the house was Eeyore.

"Hello Eeyore," said Pooh.

"Hello Pooh. Hello Piglet," said Eeyore in a glum sounding voice.

"We just thought we'd check in on your," said Piglet, "because we hadn't heard from you, and we wanted to know if you were okay."

Eeyore was silent for a moment. "Am I okay?" he asked, eventually. "Well, I don't know, to be honest. Are any of us really okay? That's what I ask myself. All I can tell you, Pooh and Piglet, is that right now I feel really rather sad, and alone, and not much fun to be around at all. Which is why I haven't bothered you. Because you wouldn't want to waste your time hanging out with someone who is sad and alone, and not much fun to be around at all, would you now?"

Pooh looked at Piglet, and Piglet looked at Pooh, and they both sat down one on either side of Eeyore in his stick house.

Eeyore looked at them in surprise. "What are you doing?"

"We're sitting here with you," said Pooh, "because we are your friends. And true friends don't care if someone is feeling sad, or alone, or not much fun to be around at all. True friends are there for you anyway. And so here we are."

"Oh," said Eeyore. "Oh." And the three of them sat there in silence, and while Pooh and Piglet said nothing at all; somehow, almost imperceptibly, Eeyore started to feel a very tiny little bit better.

Because Pooh and Piglet were there.

No more; no less.

A.A. Milne, E.H. Shepard